



Accredited Training

Nurturing Futures with Intention

Training for educators

C.A.R.E.S CPD was born from Gemma and Danielle's vision to reach every child. They recognised that to achieve this, educators and caregivers needed the right tools to foster responsive and compassionate learning environments. They are committed to building a whole community around each child, and empowering educators with the resources and support necessary to create positive nurturing environments.

www.caresltd.co.uk

Nurturing Futures With Intention

/01

Aim: To empower the adults around each child to navigate challenges and respond with compassion.

1. Knowledge

Equipping our educators with a knowledge of child brain processes helps them recognise how and why children may express themselves. This awareness also supports teachers in maintaining their own calm during escalated situations.

2. Strategy

Providing this understanding enables the school to develop a toolkit of effective strategies and language that can be used by the entire team. This ensures that educators feel confident in their ability to manage challenging situations while creating a secure environment for the child. When all staff respond consistently, it fosters a sense of safety and trust for the child.

Aim: To empower the adults around each child to navigate challenges and respond with compassion.

3. Impact

Emotional Security:

Children feel safer and more secure knowing that their educators understand their behaviour and emotions. This emotional safety can lead to greater willingness to express themselves and seek help when needed.

Improved Behaviour:

With consistent and informed responses from educators, children are likely to experience fewer escalated situations. This could lead to improved behavior overall, as they feel understood and supported.

Enhanced Learning:

When children feel safe and secure, they are better able to focus on their learning. Understanding their emotional states can lead to improved academic performance and engagement.

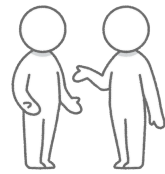
Development of Self-Regulation:

Children will learn to recognise their emotions and how to manage them effectively, fostering their emotional intelligence and self-regulation skills.

Consistent Responses:

When all staff respond consistently to challenging behaviours, it reinforces expectations for behaviour across the school, leading to a more stable and predictable environment for students.

How it works



Initial Meeting

Our trainer will have a meeting with your SLT to discuss the behavioural needs of your school. This will enable them to tailor the training to your specific requirements.



Training Session

The training will take place on an inset day. We usually allow 2 hours to allow for discussion points and questions at the end.



Follow up

Our trainer will ask all staff to use the next few days to reflect on their practise, be more mindful in their approach and aware of their use of language. They will meet the SLT online to discuss feedback and impact after two week.



Additional requests

The school can request further support for individual teachers and/or classroom observation if required.

Our intent for your educators

At C.A.R.E.S, we firmly believe in the importance of empowering our exceptional educators with effective strategies for managing challenging behaviors. By doing so, we aim to inspire and support them in their commitment to this vital profession. Providing training that promotes collaboration within the across the entire team can have significant benefits to all. By understanding the brain states and how our children process emotions our educators can focus on establishing a safe and nurturing environment for their pupils.

We know that co-regulation, compassion and understanding offers a powerful alternative to conformity and by focusing on the emotional well-being of our young people, we create happier, calmer and safer learning experiences and establish a strong foundation for life and achievement.



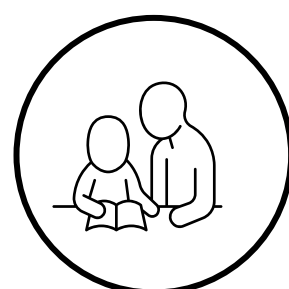
Accreditation

When an organisation subscribes to an annual package that includes the three components outlined below, the school receives an accredited badge to display, signifying its commitment to caring for its students.



Training

Bespoke training program accredited by CPD



M.E.M

Annual M.E.M - Mental health Empowerment Mentor - ongoing support for pupils.



Inspired Assembly

Tailored assembly for those harder to reach pupils



Would you like to find out more?

Are you interested in exploring how C.A.R.E.S CPD Training can benefit your school, we would love to have a conversation with you.

Contact our School Well-being Support Leaders who will be more than happy to talk you through our options and arrange an in person meeting to discuss your requirements in more detail.



+443301 332 477



info@caresltd.co.uk